



KNF Level 2 - Competency Certification Criteria

Concentrates

1. KNF Medicine

- Many materials. For each material:
- Record of source and weight of material
- Picture of rehydration if necessary; material and volume used for rehydration
- Duration of rehydration
- Picture of fermentation; mass and source of sugar added
- Duration of fermentation
- Picture of alcohol tincturing process;
- Volume and source of alcohol added
- Record all stirrings date and time
- Extraction volumes and date and time
- Verification

2. KNF Cleanser

- Materials used source and mass
- Volume of water added
- Date started
- Date finished
- pH at Extraction volumes and date and time
- Verification

3. KNF Food

- Type from choices: tips, flower/unripe fruit, fruits

- Time of collection of materials (For tips collection time should be sunrise)
- Mass of material to start with
- mass and source of Sugar added
- picture of container packed full (if not transparent, pictures of stages of packing)
- Record of time taken for fermentation
- Extraction volumes and date and time
- Verification

4. KNF Structure

- Picture of bones before start; no fat on bones
- source of bones
- Picture of bones burning
- Picture of burned and crushed bones
- Mass of bones
- volume of vinegar
- Start of dissolution
- Picture of bones with vinegar bubbling
- Extraction volumes and date and time
- Verification

5. KNF Fuel

- Mass and source of fish
- Mass and source of sugar
- Date Started
- Picture of fish and sugar being layered
- Extraction volumes and date and time
- Verification

6. KNF Reproduction

- source and mass of calcarb
- Picture of eggshells/calcarb being toasted
- Volume and source of vinegar
- Picture of material mixed with vinegar bubbling
- Extraction volumes and date and time
- Verification

7. KNF Police

- Source and mass of starch source
- Record of time for collection on starch water
- Picture of rice wash collection before mixing with milk
- Volume added to the milk
- Source/ volume of milk recorded
- Record of time for separation
- Picture of separation before pour off
- Extraction volume and date and time
- Volume and source of sugar added to supersaturate
- Verification

8. KNF Forest Fungal Microbes

- Seed IMO
 - Starch source and volume
 - picture of collection container
 - picture of container set in place
 - Record of location and time for collection
 - Picture of successful collection
 - mass and source of sugar added
 - Verifications

- Propagated IMO
 - for each Material used mass
 - water added
 - list all contents in water
 - add a temperature reading at date time
 - add a stirring at date time
 - Verifications
- Activated IMO
 - mass of soil from location
 - for each Material used mass
 - water added
 - list all contents in water
 - add a temperature reading at date time
 - add a stirring at date time
 - add a picture at time
 - Verifications

9. KNF Minerals

- if seawater
 - record volume collected
 - Record location of source
- if sea-salt
 - record mass
 - record source

Applications

- Soil Foundation
 - Record of SOS solution mixed correctly
 - Record of date, time and amount of materials applied
- Plant Nutrient Cycle
 - Seed Soak
 - Record of SES solution mixed correctly
 - Record of date, time, duration and type of seeds soaked
 - Record of date, time, and location of seeds sown
 - Vegetative Growth
 - Record of Type2 solution mixed correctly
 - Record of date, time and amount applied
 - Picture of plant
 - Structural / Flowering Growth
 - Record of XO solution mixed correctly
 - Record of date, time and amount applied
 - Picture of plant
 - Reproductive Growth
 - Record of Type3 solution mixed correctly
 - Record of date, time and amount applied
 - Picture of plant